

Mid Sussex Branch Spring 2026

Meetings: Franklands Village Hall

Haywards Heath RH16 3RS.

1st Tuesday of the month: 10am for 10.30am

Guests are always welcome.

Email: midsussex@nhsrf.org.uk



Membership is open to those from the NHS, social care and voluntary sectors
Please see www.nhsrf.org.uk

PROGRAMME 2026/27

All Tuesdays

May 5th

AGM and Sheffield Park: A Garden for the Future

June 2nd

The Royal Pavilion: from early years to surviving demolition - just!

July 7th

Can a Robot Love and Care for You?

August 4th

An Illustrated 'Walk' around Old Steyning Town

September 1st

Special Effects: Explosions, Falls, Crashes, Burnings & Shootings

October 6th

The Dogs Trust

November 3rd

To a Mountain in Tibet

December 1st

Christmas Meal, Birch Hotel

2027

January 5th

The Beatles: Myths & Legends

February 2nd

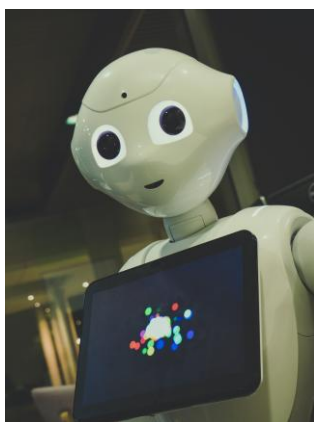
Rudyard Kipling: Something of Myself

March 2nd

The Ouse Valley – its past life & times

April 6^h

Quiz



Artificial Intelligence (AI) is playing an increasing role in modern life. Come and find out more in July when Blay Whitby will look at the use of AI and ask how robots can assist us in the future.

In September Stephen James Lowe will bring his TV experience to the fore and give an insight into how special effects are arranged and executed.



In November Geoff Saunders will take us on a journey to Tibet. His talk will look at the history, geography, nature & politics of the region.



The Beatles!

We look forward to starting 2027 with a talk from Neil Nixon who will give an amazing, chilling and hilarious account of stories told about The Fab Four that beggar belief but are, occasionally, true.

Trips 2026

The Royal Pavilion

Following on from the June talk we enjoyed a lovely visit to The Royal Pavilion in July.

The sun shone and we were warmly welcomed.



Sheffield Park – A Garden for the Future

We are visiting the garden on August 27th and will be meeting Steve Feasey, one of the senior gardeners who will explain more about The Garden for The Future.

Steyning Walk and Lunch

Following Janet Pennington's talk on the history of Steyning. We are planning a guided walk around the town & add in a pub lunch at The White Horse.



Afternoon Tea at the Movies

Chequer Mead in East Grinstead runs a programme of matinee films that can be combined with afternoon tea, Prosecco can also be added!

We are keeping an eye on the upcoming films and plan to organise a trip to the cinema later in 2026.



Looking back at 2025

We enjoyed a very interesting visit to Sackville College in July.

In December a large group of members and guests returned to The Birch Hotel where we enjoyed an excellent Christmas lunch & the raffle saw several lucky winners.



Charity Donations – Thank you for your generosity

We often welcome speakers from a charity. The Fellowship always pays a speaker fee but occasionally a Charity Collection Box might also be available for individuals to add a donation. This year we collected an additional £110 for Guide Dogs and £114 for The Brain Injury Trust.

More information about the benefits of NHSRF membership such as travel insurance and shopping discounts can be found at www.nhsrf.org.uk.

To contact us at Mid Sussex please email: midsussex@nhsrf.org.uk.