

Facebook page rules



The rules of following this page:

This page follows our motto of fun, friendship and fellowship.

We welcome healthy discussion on a variety of issues predominantly related to the NHS, retirement generally and the NHS Retirement Fellowship in particular. Our aim is to share information, ideas and issues to engage with and support members and followers with a shared work/ volunteering history in the NHS/ social care. It helps us to understand our members more so we can deliver better for you.

Followers of this page do not have to be a member of the NHS Retirement Fellowship to engage with the page. We would strongly recommend followers who worked or volunteered in the NHS or social care or are friends/ family with someone who did to join the NHS Retirement Fellowship (see pinned post at the top of this page for more information) to have access to our developing range of benefits and offers and to be matched with a local, welcoming branch if you choose. You can also join as a national, postal member if you would prefer and still be able to access to our range of benefits and information.

The NHS Retirement Fellowship celebrates and welcomes diversity: particularly in relation to age, race, gender, religion and sexual orientation. Membership is open to people who have retired, retire and return or are about to retire. Comments and posts which are deemed to be in violation of this spirit will be removed. Those posting will be given one warning before they are removed from the group.

We are a non political charity and whilst we support lively, democratic debate, comments and posts which are considered to be beyond respectful debate will be removed. People who violate this rule will be given **one** warning and then removed.

When any comment or post is removed, the contributor will be informed of this and the reasons why. They will be advised that any continuation of derogatory

posts and comments will see them removed from this page. They will also be given the opportunity to discuss this further with the head of communications if they wish.

Whilst we welcome the use of this page as a means of discussing issues in the NHS Retirement Fellowship, we will not tolerate any posts or comments which are deemed to be disrespectful or overly critical towards our staff and/or our page admins. The NHS Retirement Fellowship takes the wellbeing of its staff very seriously. Anyone in breach of these standards will be given one warning before being removed from the page for four weeks. They will then remain on admin approval for three months. If they continue to act in this way, they will be removed from the page.

Selling and promotion posts are not allowed and will be removed. Contributors will be advised accordingly and removed if violation continues. Anyone wanting to offer a benefit to our members should contact the Fellowship's head of communications at comms@nhsrf.org.uk

Fundraising posts for other charities are not allowed due to the Fellowship's own charitable status. All such posts will unfortunately be removed. Anyone querying this should speak with the head of communications - email address above.

Anyone with comments or queries regarding the administration of the Facebook page should contact Lucia Hiden, Head of Communications, at comms@nhsrf.org.uk