



## Edinburgh & Lothians Branch

The Edinburgh & Lothians branch was formed in 1981 and we have an active branch with over 150 members.

We hold a weekly coffee morning with home baking, every Thursday from 10.00am to 12.00pm in Augustine United Church, 41-43 George IV Bridge, Edinburgh, EH1 1EL, except Christmas and Edinburgh Festival periods.

Membership is open to all retired employees from any sector or discipline in the NHS and Social Care services and their partners. Members of the Civil Service Retirement Fellowship are invited to participate in our activities. Current subscription is £25.00 pa.

In addition to the coffee mornings, we have a varied programme of events and activities including visits to places of interest during the summer months and talks by visiting speakers in the winter. We have introduced monthly lunches at a local catering college and a 5-day coach trip to North Scotland. A Christmas lunch is also arranged and we have a 'Bring and Buy Sale' in the autumn.

This year we will be celebrating the NHS 75th anniversary with an Afternoon Tea in July.

Please see below our programme for 2023-24

We are friendly and informal. You will be made very welcome and may meet former friends and colleagues or find new ones. We look forward to seeing you.

If you require any further information please contact:

Irene Rex, Membership Secretary, [irene.rex@blueyonder.co.uk](mailto:irene.rex@blueyonder.co.uk) 0131 476 2486

### PROGRAMME April 2023 to April 2024

Thursday 27 April 2023	Annual General Meeting
Wednesday 17 <sup>h</sup> May 2023	Scottish Federation AGM & Gathering - Perth

Wednesday 14th June 2023	Scottish Owl Centre
Thursday 6th July 2023	NHS 75th Anniversary Afternoon Tea
Wednesday 16th August 2023	Mystery Tour with Lunch
Wednesday 20th September 2023	Traquair House and Gardens
Monday 25th September- 29th September 2023	Coach Holiday to North West Scotland
Wednesday 18th October 2023	Devil's Porridge Museum Dumfries & Galloway
Thursday 16th November 2023	Sandpiper Trust Saving Lives in Scotland talk by Lorna Duff
Thursday 23rd November 2023	Bring and Buy Sale Augustine United Church
Thursday 7th December 2023	Last Coffee Morning of 2023 with Festive Entertainment
Thursday 14th December 2023	Christmas Lunch Royal Scots Club
Thursday 11th January 2024	First Coffee Morning of 2024
Thursday 18th January 2024	Colinton Tunnel Mike Scott
Thursday 15th February 2024	Swinging into the Sixties Tom Kelly
Thursday 21st March 2024	'Pet Therapy Sarah Jeffrey
Thursday 25th April 2024	Annual General Meeting

Dated 18th May 2023



Form for application form

**NHS RETIREMENT FELLOWSHIP**  
**Edinburgh & Lothians Branch – Membership Form**

*Membership Subscriptions are normally due annually on 1 April*

**Membership Subs is £..... per person.** Cheques to be made payable to 'NHSRF'.

Form and payment to be passed to the Branch Membership Secretary.

Please complete in **BLOCK CAPITALS**

Name			
Home address			Post Code
E-mail address			
Home telephone		Mobile telephone	

Year of birth .....(optional)

What was your main role in the health and social care sector?.....

Special interests.....

Please note that members' personal data will be available to their Branch Committee and Central Office but strictly only used for membership and activity purposes.

Fellowship staff and your Branch Committee will wish to communicate with you concerning Fellowship and Branch activities. This may be via post, email or phone.

I consent to the NHSRF contacting me by:-

- post
- phone
- email
- To maintain my membership of NHSRF;
- To keep me informed about news, events, activities, offers and information about any role I may be undertaking (*note you can unsubscribe from the mailings at any time*).

Signature ..... Today's date.....

For Branch Membership Secretary completion only: Subscription received on .....(date)

**In case of emergency** e.g. sudden illness or accident occurring during a meeting or outing, it would be helpful if you could carry with you a note of who should be contacted. Also, if you have a mobile phone, enter your next of kin under ICE (in case of emergency) on your contact list.

Please consider completing the Gift Aid form over the page

**NATIONAL HEALTH SERVICE RETIREMENT FELLOWSHIP**

**EDINBURGH & LOTHIAN BRANCH**  
**Gift Aid Declaration**



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The Gift Aid Scheme provides the simplest way ever for members who are UK tax payers to help the NHS Retirement Fellowship. There is no extra cost to yourself and no future commitment. All Branch members are urged to complete the simple form below, the effect of which will be to increase the value of your subscription or donation by 25% to the benefit of both your Branch and the Fellowship.

Please complete in BLOCK CAPITALS

Title:..... Forename(s):.....

Surname:.....

Address:.....

.....

..... Post Code:.....

I would like the NHS Retirement Fellowship to treat all donations and subscriptions that I have made, and any I make from the date of this declaration, as Gift Aid donations. Please note: You must pay an amount of Income Tax (or Capital Gains Tax) at least equal to the tax the Fellowship can claim on your donation. You can cancel this declaration at any time.

Signature..... Date.....

Please pass this completed declaration to your Branch Membership Secretary

## Information about Gift Aid

- ~ The Gift Aid rules allow registered charities like the Fellowship to claim back from the Inland Revenue an amount which will increase the value of our subscriptions paid to the Fellowship by 25%.
- ~ You can sign a gift aid form if you pay income tax and/or capital gains tax for each tax year (6 April one year to 5 April the next) that is at least equal to the tax that any charities reclaim on your donations. (For example, if you pay a total of £100 of tax, you can sign a declaration for subscriptions and donations up to a total of £400 to the registered charities that you support.)
- ~ Remember, you may be paying income tax on savings and investments as well as your pension.
- ~ You can sign more than one gift aid declaration; in fact, you can sign as many as you wish providing that the subscriptions total is no more than four times the total amount of tax that you pay.
- ~ The branch treasurer and the staff in the Fellowship office do not know how much tax you pay or how much your income is. The form that you sign is sent to the Fellowship Office and then sent on to HM Revenue and Customs. Please note we are required to retain records of gift aid for 6 years and will do so securely.
- ~ Income from gift aid is very valuable to the Fellowship. The more people that sign a gift aid form, the lower we can keep branch subscriptions.
- ~ You can cancel this declaration at any time.