

HIGHLAND BRANCH

OUR BRANCH AND MEMBERS

Our members come from all areas of the NHS: from the Raigmore Hospital, other Highland hospitals and health sites, from the community, and from healthcare across all parts of the UK. Partners of retired healthcare staff are also welcome.

The Highland branch meetings are at Inshes Church, Sir Walter Scott Drive, Inverness IV2 3TW, usually on the first Monday of the month.



At meetings we have a speaker or branch activity; recent topics have included the RNLI, Family History, Trading Standards and How to Protect Yourself, and the work of Blythswood Care

CINEMA VISITS

Eden Court is the venue for monthly cinema visits. Films have included: Fisherman's Friend, Downton Abbey, The Children Act, Mamma Mia, A Man Called Otto, The Fabelmans – films to suit a variety of tastes! Felicity Shand organises the visits and makes the bookings.

MEMBERSHIP AND BRANCH SUBSCRIPTIONS

Membership subscription is £20; this is a combined subscription for membership of the NHS Retirement Fellowship and the Highland branch. Benefits of membership of the NHRF can be seen on the website www.nhsrf.org.uk and include a Photography Group, a Book Group, various retail discounts, travel insurance and a UK and a Scottish conference to name a few.

If you would like more information about the branch, contact the branch secretary, Anthea Zell, anthea.zell@gmail.com Tel: 01520 822951 or you can send our treasurer your subscription of £20 to David Munro, 84 Ardness Place INVERNESS IV2 4QJ or give him your sub at a meeting. Cheques should be made payable to NHS Retirement Fellowship, Highland Branch



BOOK TABLE

Bring / Buy / Borrow

Our book table is popular with members who bring any books that they have enjoyed reading to replenish the “library” and have a browse before or after the meeting. You are welcome to buy or borrow and return. Hazel Torrie runs the book table; she is happy to answer any queries and proceeds go towards branch funds.

VISITS AND OTHER ACTIVITIES

Summer visits have included a trip to Dornoch, a visit to the Archive Centre and a number of “Afternoon Teas”, The branch is compiling a list of activities on offer in the Inverness area – swimming, keep fit, dancing, pilates, knitting, as well as senior citizen networks, local history groups and volunteering opportunities,

Branch Committee

Member of the branch committee will be happy to hear from you if you have any questions about the charity or the branch.

Chairperson
Treasurer
Secretary

Phyllis MacRae 01463 237544
David Munro
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Committee Eileen Alexander, Linda Edmiston, Anne Fenton, Isobel Hepburn, Maureen Macauley, Sheila MacMillan, Florence Munro, Sylvia Munro, Felicity Shand, Jeanie Sutherland



Christmas lunch is a regular eventand a group enjoyed a trip to the V & A in Dundee