

# Fellowship



Extra

**November**  
**2021**

Patron:  
Ken Jarrold CBE

**We are a national organisation with thousands of members who share the same work history and enjoy a variety of pastimes.**

Being a member of the NHS Retirement Fellowship is a rewarding experience in itself. Belonging to a branch can be one of the pleasures of retirement. But there's much more to the Fellowship than life in our branches and we are pleased to offer members a range of continually developing benefits as outlined here.



BLUE LIGHT CARD.

## RETIRED NHS

Join Blue Light Card and start saving



### Considering retirement?

Whether you've worked as a nurse, a doctor or in one of the many roles behind the scenes, we know that – at some stage in our lives – you will have helped each and every one of us.

In recognition of your commitment to the NHS in keeping our communities safe, healthy and supported, we want to say, 'Thank you' and help you save a little more during your retirement.

For just £4.99, you can register for two years access to more than 15,000 discounts on all your favourite brands - helping you save on everything from a coffee with friends to a brand new car.

Visit [bluelightcard.co.uk](http://bluelightcard.co.uk) and select 'Retired NHS' in the trust/division drop down menu to get started!

Register now at [bluelightcard.co.uk](http://bluelightcard.co.uk)

**HERE FOR YOU**  
because you're here for all of us



SAMSUNG



Civil Service Insurance Society

**We are pleased to give members access to a variety of CSIS home, motor and travel insurance products.**

The Civil Service Insurance Society was founded in 1890 to enable civil servants to purchase life assurance to provide valuable protection for their widows and orphans and now extends to all serving, retired and former civil and public servants and partners. It's not for profit status means it donates all remaining annual surplus to deserving charities (including the NHS Retirement Fellowship) through the CSIS Charity Fund (visit [www.csischarityfund.org](http://www.csischarityfund.org)). In the last five years CSIS has donated over £3.6m.

CSIS sets great store in the provision of quality insurance products and a close

personal relationship between the client and CSIS team. The CSIS office is based in Maidstone and is dedicated to trust and fairness when looking after our customers. You can obtain full details of our home car and travel insurance products at: [www.csis.co.uk/nhsrf](http://www.csis.co.uk/nhsrf). If you would like a quote, please call: **01622 766 960**.

### Mirthy talks

**Mirthy sets up access to free online talks for Retirement Fellowship members.**

For a period of three months, Mirthy has offered NHSRF members free subscription to its Unlimited programme (worth £15), as part of the launch of the new service. From today members will be able to log into the Mirthy website and use a unique voucher code - **NHSRF** - which will give you 3-months access to all of the live Zoom events from Mirthy for **free**.

**Book a holiday and we will give 10% of the cost back to NHSRF members\***

## HOLIDAY HAPPINESS. GUARANTEED.

Fascinating UK, European and worldwide escorted tours and five-star luxury river cruises.

- ✓ Exceptional experiences, with no compromises
- ✓ Industry-leading health & safety practices to keep you safe
- ✓ Free to change your mind with fully flexible booking

Call **01283 248 304** (quoting NHS) Visit [nhsriviera.co.uk](http://nhsriviera.co.uk)

Riviera Travel booking terms and conditions apply. \*Some elements are not commissionable - please ask for full details. The 10% payment is made, for all that travel, within 28 days of receipt of the completed invoice template after travel.



RIVIERA  
TRAVEL



ABTA  
ABTA No. V4744

# Your membership also brings you:

## The Civil Service Club

Membership of the NHS Retirement Fellowship entitles you to join the Civil Service Club in Whitehall, London. The club offers overnight safe accommodation, a bar and a formal dining area. **Call: 0207 930 4881.**

## Legal services

Thompsons Solicitors is the most experienced personal injury firm in the UK and has been retained by the Fellowship to offer legal services to members. This covers road accidents, slips and trips, diseases contracted by previous employment – any accident caused by someone else's negligence, and where it is possible to prove that negligence. **Call: 0800 328 3331.**

## Tax volunteers

Tax volunteers provides free, independent and expert help and advice for older people on lower incomes who cannot afford to pay for professional tax advice. **Call: 01308 488 066 or 0845 601 3321.**

## Shopping discounts

Health service discounts are available to Fellowship members. Money saving shopping, printable vouchers and dedicated staff helpline services are available at:  
**www.healthservicediscounts.com**



## Total Motor Assistance

12 months FREE car accident cover for you and your family

Imagine getting all the services you need without claiming on your insurance! Total Motor Assist sits alongside your insurance and gives you all these important benefits:

- FREE accident recovery UK-wide
- FREE like-for-like replacement car
- FREE approved repair
- No claim on your insurance
- No excess payment
- Saves your No Claims Discount
- Legal support
- 24/7 helpline

You'll never be stranded after an accident, you'll save a lot of money and wasted time, and we'll take away all the hassle you'd normally endure with an insurance claim.

Your membership includes you, everyone who lives with you, and all the cars in your household for a whole year.

It's free today, and when you renew next year you'll get a huge discount, so it'll only be £10 for another year!

**www.nhsrf.assistprotect.co.uk**



The Fellowship has its own book club where members are given a choice of three books approximately every six weeks (two fiction, one non fiction) and can share their views on the books via email, letter or through our Facebook page. We chose books that are available easily and at a reasonable price and on audio or other alternative formats.



The Fellowship has a benevolent fund, which provides grants to members in need.

- **Members are eligible after one year of membership.**
- **You can download an application form from the website or contact the Central Office for more information.**
- **All applications are treated in the strictest of confidence**



**NHS Retirement Fellowship**  
Making your retirement work for you.

**SPECIAL OFFER**

**SAVE MORE ON YOUR CARTRIDGES**

**CREATE AND LOGIN into your account TODAY!**

**10% off**  
on Cartridge World cartridges  
ENTER CODE **RNHSCW10**  
AT CHECKOUT

**5% off**  
on OEM cartridges  
ENTER CODE **RNHSORS**  
AT CHECKOUT

**www.cartridgeworld.co.uk**



## Fellowship Communications

Members receive the free Fellowship newsletter by post or email. Information about events and activities is available on the website at **www.nhsrf.org.uk**. Postal

and international members get updates from the Central Office.

For more information on any of our offers, contact Sherry or Debbie in our Central Office on: **01305 361317**  
or email: **sherry.smith2@nhs.net**  
**debbie.arnold4@nhs.net**

The NHS Retirement Fellowship Photography Group welcomes all members who enjoy taking photographs whether they are experienced amateurs or simply enjoy taking pictures of family and holidays.

The group holds regular photography competitions on a variety of themes and winning entries are taken from mobile phones as well as more sophisticated digital or film cameras. Join the group by contacting the co-ordinator (details below) and you will have the opportunity to meet other members, share photography tips and maybe win a competition prize or commendation.

More information about competitions and photography days can be found on the website:

[www.nhsrf.org.uk](http://www.nhsrf.org.uk)

or contact:

**Anthea Zell**

**e: [photography@nhsrf.org.uk](mailto:photography@nhsrf.org.uk)**

**t: 01520 722951**



The group is grateful to receive support from the Civil Service Insurance Society



**Discount for all members in stores\***

**Customer Service  
01666 336447**

**[www.cotswoldoutdoor.com](http://www.cotswoldoutdoor.com)**

*\*Get your discount at point of purchase with the production of your NhsRF membership card*






**Free Wills for Retired NHS Staff**



**info@accordwills.co.uk**  
**01744 807048**



As seen on 

## Free wills from Accord

The NHS Retirement Fellowship has partnered with Accord Legal Services to offer a completely free of charge will writing service. Accord is one of the leading national providers of wills and estate planning services throughout England, Scotland and Wales and has already helped over 15,000 key workers in preparing their wills since the beginning of the COVID pandemic in March 2020.

The 'Free Wills' offer has been featured on ITV and Granada Reports including the Martin Lewis show. Accord has committed to provide NHS Retirement Fellowship members with a free will writing service and welcome the opportunity to assist you in making your will or offer advice on any other estate planning needs. Including a **Free of charge Will review service.**

Interested members simply need to email **NHSRF@accordwills.co.uk**, stating your interest in a free will and leave your name and contact number. A member of the booking team will be in touch to arrange an appointment.

Alternatively, you can call **01744 807048**. Appointments are conducted by telephone, Skype, Zoom or any other online platform you feel comfortable with and usually take around half an hour. Once instructions have been taken, they are sent to Accord's qualified legal team who will draft the Will and return it by post. Every consultation is bespoke, and every will drafted accordingly. Accord's consultants can also provide advice on a number of other estate planning services, including tax, power of attorney, trust services and probate should anyone require further specialist advice.

# Jill the runner.

She loves cats, has three grandchildren and holidays in Devon. She has also just saved money on her car and home insurance with us.

## Car & Home Insurance

Quality cover and a first class service you can trust

To us you're a person first, then a customer.

Please call a member of our friendly sales team and quote 'nhsrf' on:

# 01622 766960

[www.csis.co.uk/nhsrf](http://www.csis.co.uk/nhsrf)



Follow us on:  



Civil Service Insurance Society

Authorised and regulated by the Financial Conduct Authority.  
Car and Home Insurance is underwritten and finance provided by Zurich Insurance plc.



# Worldwide Annual Travel Insurance

Designed specifically for NHSRF Members...

- Full Worldwide Cover
- No Medical Screening requirement\*
- 24 Hour Emergency Support
- Competitive Prices/Low Policy Excess

Full details (including Covid-19 FAQ's) are available at our dedicated website:

[www.NHSRFTravelInsurance.org.uk](http://www.NHSRFTravelInsurance.org.uk)

or Call the Travel Team on **01622 766 960**

\*Eligibility: You must be an NHSRF Member and an age limit of 74 years applies at time of joining (though once joined no upper age limit will apply). Subject to terms and conditions.

Prices held for **2021**

As matters continue to unfold regarding travel, a reminder that NHSRF Travel Insurance provides Cancellation cover for UK trips, minimum two nights pre-booked accommodation, as standard.

Moreover, for NHSRF members we have provided specific COVID-19 FAQs allied to the cover the NHSRF travel insurance scheme provides across its policy, visit: [www.nhsrf.org.uk](http://www.nhsrf.org.uk) or contact Central Office for more details.

We look forward to supporting members travel plans as the year progresses, the government now laying the foundations for the lifting of travel restrictions.

NHSRF Travel Insurance is a trading name of P J Hayman & Company Limited, authorised and regulated by the Financial Conduct Authority.



## Fred. Olsen Cruise Lines

# EXPLORE THE WORLD THE OLSEN WAY

NHSRF members who are existing Fred. Olsen customers can benefit from a tempting discount of up to 10% off, with a 5% NHSRF discount in addition to their 5% Oceans Loyalty Club discount.

NHSRF members that are new to Fred. Olsen Cruise Lines can save 5%, and that's on top of any current offers.

MEMBERS DISCOUNT  
— UP TO —  
**10% OFF\***

New 2022-24 Worldwide Cruise Brochure out now. For more information or to book, please call 0800 0355 108, quoting discount code NHSRF5

\*All bookings are subject to Fred. Olsen's (FOCL) standard terms & conditions, available on our website & on request. All prices quoted under the NHSRF members discount offer are exclusive to qualifying members & their travelling companions only, members must quote their discount code at time of booking. Membership discounts cannot be applied retrospectively. Bookings must be made via the booking hotline number 0800 0355 108. Proof of membership will be required at the time of booking. Offers cannot be extended to any unrelated third party, are subject to availability and may be withdrawn or amended at any time without prior notice. From time to time FOCL may run special offers which cannot be combined with this discount, including selected group travel deals Fred. Olsen Oceans members are entitled to a 5% NHSRF discount. Subject to the same terms & conditions, to be applied after the standard Oceans discount, where applicable. In this instance, Oceans terms & conditions apply. New to Fred. Olsen guests can also save 5% through their NHSRF membership, subject to the same terms & conditions. Flights are excluded from any discounts. Offer ends 31/12/2022. E&OE.  Travel with confidence