National Health Service Retirement Fellowship

NORWICH AND DISTRICT BRANCH NEWSLETTER

We are delighted to be able to tell you that we will resume our NHSRF Branch meetings at Chapelfield Hall on Thursday 16th September at 10am. Hopefully members attending will have been double vaccinated and if possible have done a clear home test. (Test kits are free from many chemists).
On arrival check in with Chris Adcock as usual using the hand sanitizer provided and wearing a mask.
Take a seat and coffee and cake will be served by a committee member. Please no queuing at the hatch.
This first meeting will be a social one with an opportunity to catch up with our friends. We will have a Raffle and maybe a quiz.

FUTURE EVENT

On November 18th 2021 we have arranged our Annual Lunch at No.47 St Giles, Norwich, 12.30pm. This is an excellent venue with two bars and a stair lift.
See MENU attached. (Cost depends on your choice)
The basic price is £32 which includes gratuities. Please make your choice from the menu and give it to Chris Parfitt with your cheque payable to NHSRF. This is the only meeting we will be accepting payment.

Your committee has been busy which included a very successful fundraising event when over £200 was raised for Branch funds at a car boot sale. Thanks to all involved but especially Carol March and her Dad who with Liz Blaxell and Chris Parfitt worked very hard.

New Walking Group

Chris Fowkes (see below) and her dog "Lucy" will be leading our new walking group which will take place every 4th Thursday of the month.
Our first walk will be on Thursday 23rd September 2021. Meet in the village of Heydon at 10am next to the well on the Village Green.NR11 6AD.
Please bring a picnic chair so we can sit on the Green after the walk and get a takeaway coffee/cake from the Heydon Tearoom (or bring your own refreshments).
The walk is approximately 2 miles but could be less to suit all abilities, it is wheelchair friendly too.

Your committee continues to care about you and are keen to keep in touch. If you have any news, questions or ideas or just need a chat please contact us.
Marydolding4@gmail.com telephone 01953 600896

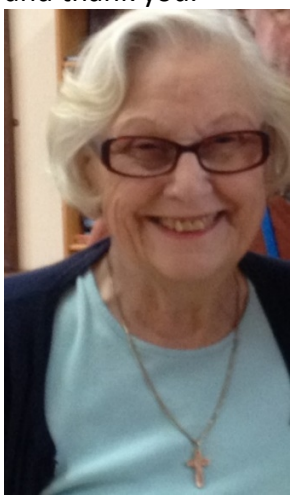
We are aware that some sad events have happened for several members and their families over the last few months.
Our thoughts have been with Sandra Franks (programme secretary) and her family following the death of her Husband David on the 13th June 2021.
We also report that the following members have sadly died.

Remembering Michael Thompson

It is with great sadness we report that Michael Thompson passed away on 31st July 2021, after a long illness. In his later years he loved dancing, DIY and enjoying cruise holidays. His love of the sea came from when he served in the Merchant Navy in his earlier years.
His wife Margaret, our branch secretary, encouraged him to join the branch where he enjoyed being a member joining in activities, telling jokes and tales and having a laugh with the men at the back of the hall.
He will be sadly missed by all who knew him. RIP Michael.

Remembering the late June Mann

We are sad to inform you that our long term member June Mann died on August the 6th 2021 following a stroke and whilst recovering from injuries sustained in a previous fall. June was such a supportive member and part of the much appreciated kitchen team looking after refreshments at meetings. June worked for the NHS at the NNUH for over 30years. She started work as the secretary to the then Physiotherapy Superintendent and eventually moved into the medical staffing department making many friends along the way. She retired from the hospital after working in HR on recruitment. June had many special friends in the Branch and we remember them as well as her family at this sad time. Rest in peace June and thank you.



Social events for 2022 save the dates.

Wednesday March 9th 2022 10am
Great Hospital tour. Meet at the flagpole at front of the Great Hospital. All attending must be able to climb stairs.

Wednesday May 11th 2022 12.30pm
Mississippi Showboat (Southern Comfort) 2 hour Trip with buffet lunch from Horning Swan.

Wednesday 8th June 2022 (TBC)
Early Summer Lunch Debut Restaurant Norwich City College. Three course meal including non-alcoholic welcome drink

More information to follow in future newsletters and at meetings.

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