



Making your retirement work for you.

NHS Retirement Fellowship Conference & AGM 2021

ARRIVAL DAY MENU

Enjoy your first night at Conference with a waiter served meal, followed by coffee and entertainment, on Thursday 21st October (arrival day) to make the opening of your AGM run smoothly.

This needs pre-ordering at Point of Booking by putting the corresponding number of your choice on the booking form. There are gluten free, vegan and diabetic options available, please indicate this in the notes section. Any queries, please contact the Team at IOW Tours.

Starters

1. Lightly Spiced Butternut Squash Soup, Sage & Onion, Crème Fraiche GF, V
2. Poached Salmon, Horseradish & Chive Potato Salad, Sauce Verge, Watercress GF, VP
3. Ham Hock & Pea Terrine, Pickled Red Onion Salad, Mustard Dressing GF

Main Courses

1. Pan-fried Sea Bass, Sea Salt & Rosemary Potatoes, Red Pepper Butter GF, VP
2. Slow-Cooked Brisket of Beef, Manchester Ale, Caramelised Onion Gravy GF
3. Baked Aubergine with Feta Cheese, Mixed Beans and a Parsley Crust, with a Ratatouille Filo Tart GF, V

Desserts

1. Sticky Toffee Pudding with Stickier Toffee Sauce
2. Rhubarb & Custard Eton Mess GF
3. Baileys Crème Brûlée, Handmade Shortbread
4. Tropical Fresh Fruit Salad (on request for dietary requirements) GF

Please indicate any dietary requirements on your booking form.

GF – Gluten Free Option Available if advised at booking

V – Vegetarian

VP – Pescatarian