

Pat, 90, takes sky dive in her stride



Caption: A confident Pat Lockett prepares for the sky dive

Fellowship member Pat Lockett has plunged from the sky aged 90 to raise funds for hospitals in Bristol – and she’s unfazed by the experience.

Pat, a member of Bristol Central branch, did the sky dive in September and took it all in her stride.

“I read about somebody who had done a sky dive in a nursing magazine and I thought ‘I could do that,’” she said. “I wasn’t really nervous. There was lots of build up to it. I thoroughly enjoyed it. The man I was attached to was talking to me and showing me places. It was lovely, and I am happy I have done it, but I was glad to be back on the ground.”

Pat began her health care career before the NHS, starting in London and then working in hospitals in Dorchester and Bristol before she retired 20 years ago. She joined the Fellowship about five years ago and has enjoyed sharing in its activities.

She chose Above and Beyond, the official charity for Bristol hospitals to receive the £2,200 she raised partly because of the care given to her late husband Mike.