

Fellowship



Extra

Summer 2021

Patron:
Ken Jarrold CBE

We are a national organisation of more than 7,400 members who share the same work history and enjoy a variety of pastimes.

Being a member of the NHS Retirement Fellowship is a rewarding experience in itself. Belonging to a branch can be one of the pleasures of retirement. But there's much more to the Fellowship than the branches.

We are pleased to work with CSIS who provide our members with our insurance benefit. Find out more about them here.

The Civil Service Insurance Society was founded in 1890 to enable civil servants to purchase life assurance to provide valuable protection for their widows and orphans. This was eventually replaced by Home, Motor and Travel insurance products, for all serving, retired and former civil and public servants and partners.

CSIS has continued to maintain a 'Not for Profit' status, and so after meeting the expenses of the business, donates all the remaining annual surplus to deserving charities within the Civil and Public Service through the CSIS Charity Fund (visit www.csischarityfund.org) In the last five years CSIS has donated over **£3.6m**

The primary role of the Charity Fund is to support civil and public service charities. Full details of the many organisations supported by the Charity Fund can be seen on the website.

CSIS sets great store in the provision of quality insurance products and a close personal relationship between the client and

CSIS team. The CSIS office is based in Maidstone and is dedicated to trust and fairness when looking after our customers.

You can obtain full details of our products on our website at www.csis.co.uk/nhsrf. If you would like a quote please call us on **01622 766 960**.



 **£25 off*** 
Car and Home Insurance

Plus
✓ Interest-free direct debit (0% APR)
✓ No administration charges

*Terms and conditions apply, visit www.csis.co.uk/nhsrf
Authorised and regulated by the Financial Conduct Authority. Car and Home Insurance is underwritten and finance provided by Zurich Insurance plc.

Insurance Offers for members of the NHS Retirement Fellowship



Please call a member of our friendly Sales Team on **01622 766960** quoting 'nhsrf' to see if we can save you money on your insurance.

Or for more information visit:
www.csis.co.uk/nhsrf


Making your retirement work for you.


Civil Service Insurance Society

Book a holiday and we will give 10% of the cost back to NHSRF members*

HOLIDAY HAPPINESS. GUARANTEED.

- ✓ Exceptional experiences, with no compromises
- ✓ Industry-leading health & safety practices to keep you safe
- ✓ Free to change your mind with fully flexible booking

Call **01283 248 304** Visit nhsriviera.co.uk (Quote NHS)

Riviera Travel booking terms and conditions apply. *Some elements are not commissionable- please ask for full details. The 10% payment is made, for all that travel, within 28 days of receipt of the completed invoice template after travel.

Fascinating UK, European and worldwide escorted tours and five-star luxury river cruises.


RIVIERA
TRAVEL



Your membership also brings you:

The Civil Service Club

Membership of the NHS Retirement Fellowship entitles you to join the Civil Service Club in Whitehall, London. The club offers overnight safe accommodation, a bar and a formal dining area. **Call: 0207 930 4881.**

Legal services

Thompsons Solicitors is the most experienced personal injury firm in the UK and has been retained by the Fellowship to offer legal services to members. This covers road accidents, slips and trips, diseases contracted by previous employment – any accident caused by someone else's negligence, and where it is possible to prove that negligence. **Call: 0800 328 3331.**

Tax volunteers

Tax volunteers provides free, independent and expert help and advice for older people on lower incomes who cannot afford to pay for professional tax advice. **Call: 01308 488 066 or 0845 601 3321.**

Total Motor Assist

This service is FREE to NHS Retirement Fellowship members for the first year (usually £29 pa.) and is totally free to use – with no hidden charges, giving you the additional support any motorist today would need.

Recovery after an accident isn't included in most insurance or breakdown policies. Total Motor Assist members get this free throughout the UK whenever your car is unsafe to drive.

Additionally, in any non-fault accident where the third party is insured, you'll get a complete package of vital services at no cost to you. To find out exactly what is included, go to: **www.nhsrf.assistprotect.co.uk**

Shopping discounts

Health service discounts are available to Fellowship members. Money saving shopping, printable vouchers and dedicated staff helpline services are available at: **www.healthservicediscounts.com**

For more information on any of our offers, contact **Sherry** or **Debbie** in the central office on:

T: 01305 361 317

or email:

sherry.smith2@nhs.net or **debbie.arnold4@nhs.net**

COTSWOLD
outdoor

Discount for all members in stores*

Customer Service
01666 336447

www.cotswoldoutdoor.com

**Get your discount at point of purchase with the production of your NHSRF membership card*

ernestgrant.
engaging with you

Proud to support the NHS & key Workers



Delivering comprehensive financial planning services to private clients, family groups and Trustees.

Our mission is to help clients build a clear long-term financial plan based on a strong understanding of their aspirations and objectives.

We help clients cut through the complexities of their financial planning by providing tailored independent solutions.

Services not limited to:

Retirement Planning

NHS Pension Advice

Estate Planning

Wealth Management

Investments carry risk

T: +44(0) 330 088 4878

E: info@ernestgrant.com

NHS Retirement Fellowship Book Club

The Fellowship has its own book club where members are given a choice of three books approximately every six weeks (two fiction, one non fiction) and can share their views on the books via email, letter or through our Facebook page. We chose books that are available easily and at a reasonable price and on audio or other alternative formats.

To join in, contact Sherry or Debbie in our Central Office on **01305 361317** or email: **sherry.smith2@nhs.net** **debbie.arnold4@nhs.net**

NHS Retirement Fellowship Benevolent Fund
Making your retirement work for you.

The Fellowship has a benevolent fund, which provides grants to members in need.

- **Members are eligible after one year of membership.**
- **You can download an application form from the website or contact the Central Office for more information.**
- **All applications are treated in the strictest of confidence.**



"This is all mine!"
by photography group member Ruth Tyrrell

The NHS Retirement Fellowship Photography Group welcomes all members who enjoy taking photographs whether they are experienced amateurs or simply enjoy taking pictures of family and holidays.

To mark the anticipated easing of the Covid restrictions and the opportunity for members to be able to get out and about again, the theme for the current competition is an open one: 'One of my favourite photographs'. You don't have to explain why the photos you enter are favourites or special to you; they will be judged on the merits of composition, originality and technical quality (but bearing in mind that this is an amateur photography competition).

More information about entering the competition can be found on the website:

www.nhsrf.org.uk

or contact:

Anthea Zell, Photography Group Coordinator

e: anthea.zell@gmail.com

t: **01520 722951**



Civil Service Insurance Society

The group is grateful to receive support from the Civil Service Insurance Society



Free wills from Accord

The NHS Retirement Fellowship has partnered with Accord Legal Services to offer a completely free of charge will writing service. Accord is one of the leading national providers of wills and estate planning services throughout England, Scotland and Wales and has already helped over 10,000 key workers in preparing their wills since the beginning of the COVID pandemic in March 2020.

The 'Free Wills' offer has been featured on ITV and Granada Reports including the Martin Lewis show. Accord has committed to provide NHS Retirement Fellowship members with a free will writing service, and welcome the opportunity to assist you in making your will or offer advice on any other estate planning needs.

the Will and return it by post. Every consultation is bespoke and every will drafted accordingly.

Consultants can also provide advice on a number of other estate planning services, including tax, power of attorney, trust services and probate should anyone require further specialist advice.

Interested members simply need to email info@accordwills.co.uk, stating your interest in a free will and leave your name and contact number. A member of the booking team will be in touch to arrange an appointment. Alternatively, you can call **01744 807 048**. Appointments are conducted by telephone, Skype, Zoom or any

other online platform you feel comfortable with and usually take around half an hour. Once instructions have been taken, they are sent to Accord's qualified legal team who will draft



Fellowship Communications

Members receive the free Fellowship newsletter by post or email. Information about events and activities is available on the website at www.nhsrf.org.uk. We have a growing Facebook page – give us a like or a follow by searching for NHS Retirement Fellowship. Postal and international members get updates from the Central Office.

For more information on any of our offers, contact Sherry or Debbie in our Central Office on: **01305 361317** or email:

sherry.smith2@nhs.net debbie.arnold4@nhs.net



NHS Retirement Fellowship
Making your retirement work for you.

SPECIAL OFFER

SAVE MORE ON YOUR CARTRIDGES

CREATE AND LOGIN into your account **TODAY!**

10% off on Cartridge World cartridges
ENTER CODE **RNHSCW10** AT CHECKOUT

5% off on OEM cartridges
ENTER CODE **RNHSOR5** AT CHECKOUT

www.cartridgeworld.co.uk



Worldwide Annual Travel Insurance

Designed specifically for NHSRF Members...

- Full Worldwide Cover
 - No Medical Screening requirement*
 - 24 Hour Emergency Support
 - Competitive Prices/Low Policy Excess
- Full details are available at our dedicated website:
www.NHSRFTravelInsurance.org.uk

or Call the Travel Team on **01622 766 960**
*Eligibility: You must be an NHSRF Member and an age limit of 74 years applies at time of joining (though once joined no upper age limit will apply). Subject to terms and conditions.

Prices from **£270**

As matters continue to unfold regarding travel, a reminder that NHSRF Travel Insurance provides Cancellation cover for UK trips, minimum two nights pre-booked accommodation, as standard.

Moreover, for NHSRF members we have provided specific COVID-19 FAQs allied to the cover the NHSRF travel insurance scheme provides across its policy, visit: www.nhsrf.org.uk or contact Central Office for more details.

We look forward to supporting members travel plans as the year progresses, the government now laying the foundations for the lifting of travel restrictions.

NHSRF Travel Insurance is a trading name of P J Hayman & Company Limited, authorised and regulated by the Financial Conduct Authority.



Fred. Olsen Cruise Lines

MEMBERS DISCOUNT
UP TO
10% OFF*

CRUISE WITH FRED. OLSEN

New 2022-23 Itineraries Launched

For 2022-23 we're launching a selection of sailings we're truly proud of, from five-night explorations of the Devon and Cornwall peninsula to our headline first – Around the World in 80 Days! Plus, this year, we're adding London Tilbury and Belfast to our UK departure ports – more than any other cruise line.

NHSRF members who are existing Fred. Olsen customers can benefit from a tempting discount of up to 10% off, with a 5% NHSRF discount in addition to their 5% Oceans Loyalty Club discount.

NHSRF members that are new to Fred. Olsen Cruise Lines can save 5%, and that's on top of any current offers.

For more information or to book please call **0800 0355 108** quoting discount code **NHSRF5**

*All bookings are subject to Fred. Olsen's (FOCL) standard terms & conditions, available on our website & on request. All prices quoted under the NHSRF members discount offer are exclusive to qualifying members & their travelling companions only, members must quote their discount code at time of booking. Membership discounts cannot be applied retrospectively. Bookings must be made via the booking hotline number 0800 0355 108. Proof of membership will be required at the time of booking. Offers cannot be extended to any unrelated third party, are subject to availability and may be withdrawn or amended at any time without prior notice. From time to time FOCL may run special offers which cannot be combined with this discount, including selected group travel deals Fred. Olsen Oceans members are entitled to a 5% NHSRF discount. Subject to the same terms & conditions, to be applied after the standard Oceans discount, where applicable. In this instance, Oceans terms & conditions apply. New to Fred. Olsen guests can also save 5% through their NHSRF membership, subject to the same terms & conditions. Flights are excluded from any discounts. Offer ends 31/12/2021. E&OE. Travel with confidence