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2018



Fellowship EXTRA

Did you know we do all this?

Being a member of the Fellowship is a rewarding experience in itself. Belonging to a branch is one of the pleasures of retirement. But there's more to the Fellowship than branches. We are part of a national organisation with more than 10,000 members who share the same values and enjoy similar pastimes.

There's lots going on. This supplement features holidays, golf and photography and lists the many other opportunities available to NHSRF members. Please keep it safe.



NHSRF Photography Group

The NHS RF Photography Group welcomes all members who enjoy taking photographs whether they are experienced amateurs or novices. The group is running two competitions over the winter; the themes are "Portrait" and "The NHSRF 1978-2018". The closing date for both competitions is Friday 9 March 2018.

The annual trip to the Wildlife Photographer of the Year Exhibition will be on Wednesday 21 March. Free tickets will be allocated to the first ten members to submit their names.

North Manchester Branch are hosting the Annual Photographic Day on Thursday 7 June, starting at 11.00am. Meet other members, get to know an area of Manchester, share photography tips and have a great day out. The event is open to all members and there is a best picture of the day competition.

More information about the competitions can be found on the website, www.nhsrf.org.uk; tickets for the exhibition or to register for the Manchester Photography Day, contact the Group Coordinator, Anthea Zell, email: photography@nhsrf.org.uk tel: 01520 722951



Photography Group Sponsors

Della Holidays, based in Devon, have been arranging successful group holidays for the Fellowship for a number of years.

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Full details are available at our dedicated website:

www.NHSRFTravelInsurance.org.uk

or Call the Travel Team on **01622 766960**

Eligibility: You must be an NHSRF Member and Age limits apply at time of joining (though once joined no upper age limit will apply)

Policies underwritten by Acasta European Insurance Company Limited.

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New life for golf classic

Full details from John Toman
01291 620345 / 07768 406233
johntoman@btconnect.com

The Fellowship will be running its highly successful golf tournament again in September 2018 - but with a difference.

The Golf Classic is exclusively an NHS Fellowship event. This year's event is at the superb St Pierre Golf and Country Club near Chepstow on Tuesday 13 September.

"There are few sports where amateurs can play on world famous venues" says John Toman, Tournament Director. "You can't play at Wimbledon or Wembley, courses like St Pierre

have seen major tournaments and been played on by heroes of the sport."

Open to men and women who have retired from the NHS, or are about to retire, it is carefully structured so that it bridges the generations and meets the needs of golfers of all standards. Last year 70 golfers took part.

There's also the chance to stay at the four star Marriott Hotel where the Fellowship has secured special bed and breakfast rates and an additional round of golf at reduced green fees.

The package covers

- > Special NHSRF members' rate:
- > Breakfast on arrival
- > Golf clinic
- > 18 holes of golf on the iconic championship Old Course
- > Dinner
- > Prizes

Your membership also brings you:

COMMUNICATION

Members receive the Fellowship newsletter by email or by post. Information about events and activities is available from the website: www.nhsrf.org.uk. Branch secretaries, postal and international members get regular updates from the director.

THE CIVIL SERVICE CLUB

Fellowship members can become a member of the Civil Service Club in Whitehall, London. The Club offers overnight accommodation, a bar with bar menus and more formal dining area.

Contact the Club on 020 7930 4881 or by email: membership@civilserviceclub.org.uk and quote 'NHS Retirement Fellowship'

BENEVOLENT FUND

The Fellowship has a benevolent fund which provides grants to members in need. Members are eligible to apply after a year of membership. Download an application form from the website or contact central office for information. All applications are treated in confidence.

INSURANCE

The Civil Service Insurance Society is a not-for-profit organisation providing home, motor and travel insurance to members and their partners. CSIS donates its profits to civil and public service charities and has supported various NHSRF initiatives. Visit www.csis.co.uk or call 0845 6077444.

LEGAL SERVICES

Thompsons solicitors is the most experienced personal injury firm in the UK and has been retained by the Fellowship to offer legal services to members. Legal services cover members for road accidents, slips and trips, diseases contracted from previous employment - in fact any accident caused by someone else's negligence, and where it is possible to prove that negligence. More information is available from the NHSRF website or by phone to 0800 3283331.

TAX VOLUNTEERS

Tax volunteers provides free, independent and expert help and advice for older people on lower incomes who cannot afford to pay for professional tax advice. With over 450 volunteers and a national call centre,

it doesn't matter where you live. Contact via the website www.taxvol.org.uk or by phone 01308 488066 or 0845 6013321.

THE GOURMET SOCIETY

Members can join a restaurant discount scheme at less than half the normal subscription. Follow the link on the NHSRF website or phone 0845 257 4477 quoting NHS FELLOWSHIP

SHOPPING DISCOUNTS

Health Services Discounts are available to NHSRF members as well as current NHS staff. Money saving shopping, printable vouchers and dedicated staff helpline services are on offer. www.healthservicesdiscounts.com (online service only).

Sherry Smith

Administrator

NHS Retirement Fellowship

T: 01305 361317 | E: sherry.smith2@nhs.net



Fred. Olsen Cruise Lines

Cruise with Fred. Olsen

Award-winning Fred. Olsen Cruise Lines to give you a very tempting 10% membership discount* on your first sailing with them - and that's on top of any current offers. Existing Fred. Olsen customers can save 5%, in addition to their 5% Loyalty Club discount.

*All bookings are subject to Fred. Olsen's (FOCL) standard terms & conditions, available on our website & on request. All prices quoted under the NHSRF members discount offer are exclusive to qualifying members & their travelling companions only, members must quote their discount code at time of booking. Membership discounts cannot be applied retrospectively. Bookings must be made via the booking hotline number 0800 0355 108. Proof of membership will be required at the time of booking. Offers cannot be extended to any unrelated third party, are subject to availability & may be withdrawn or amended at any time without prior notice. From time to time FOCL may run special offers which cannot be combined with this discount, including selected group travel deals. All guests booked under this scheme are requested to refrain from disclosing the fare paid whilst on board. Offer is for first-time cruisers with Fred. Olsen only. Fred. Olsen Oceans members are entitled to a 5% NHSRF discount subject to the same terms & conditions, to be applied after the standard Oceans discount, where applicable. In this instance, Oceans Terms & Conditions apply.

Expiry date 31st Dec 2018. E&OE.



Travel with confidence